



MONTHLY EMPLOYEE NEWSLETTER FOR THE CITY OF SEDALIA

IN THIS ISSUE

The City of Sedalia will begin its annual Clean Sweep Program on February 2<sup>nd</sup>, offering residents scheduled, curbside collection of bulky waste and excess yard waste at no additional cost, within program limits.

The Clean Sweep Program is designed to help residents safely and efficiently dispose of large or excess materials while supporting neighborhood cleanliness and citywide safety. To ensure fairness across the community, the order of collection areas has been flipped this year, and residents are encouraged to verify their assigned collection week in advance.

Residents can view their scheduled Clean Sweep week using the City’s interactive map.

The map also allows users to track program progress, with the active collection area highlighted in solid red as crews move through the city.

**Set-Out Guidelines**

All items must be placed in the curb or in the green space between the sidewalk and street by 5:00 a.m. on Monday of the resident’s Clean Sweep week. Materials should be placed away from trees and overhead lines and must be separated into designated piles to assist collection crews.

**Collection Limits**

Each residence may set out up to 4 cubic yards of bulky waste and 4 cubic yards of yard waste or tree trimmings. Four cubic yards is approximately equal to two standard pickup truck loads.

**Material Separation Requirements**

Materials must be separated into the following categories:

- Yard waste
- Construction & demolition materials
- Other unwanted items
- Appliances

**Exceeding Program Limits**

If materials exceed the allowed amount, a door hanger will be placed at the residence, and additional charges will appear on the next utility bill. Fees are based on the number of cubic yards collected beyond the program limit.

Residents with questions or who would like a cost estimate may contact the Sanitation Division at (660) 827-7820. Monday – Friday, from 7:30 a.m. to 3:30 p.m.

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**VISION STATEMENT**  
Dynamic life and  
Comfortable living in  
Greater Missouri

**MISSION**

The City of Sedalia is committed to meeting the needs of our community through professional leadership and operational excellence.

We deliver efficient, quality municipal services, create opportunities for growth and protect the quality of life that makes our community a desirable place to live.



# SEDALIA PARKS & RECREATION

## FEBRUARY 2026 EVENTS

|              |  |
|--------------|--|
| 2/1/2026     | Registration Deadline -<br>Biddy Basketball<br>Registration Deadline -<br>Little Hoopsters |
| 2/1-2/22/26  | Early Registration - Youth Baseball  |
| 2/1-8/2/26   | Early Registration - Fall Adult Softball   |
| 2/7/2026     | Esports - Fortnite Tournament  |
| 2/14/2026    | Registration Deadline - Princess Party   |
| 2/16/2026    | Registration Deadline -<br>Shamrock Shuffle 5K   |
| 2/21/2026    | Esports - Mario Kart<br>Tournament at the HCC  |
| 2/22/2026    | Registration Deadline for<br>Early Registration for Youth Baseball                         |
| 2/23-3/8/26  | Open Registration for Youth Baseball   |
| 2/23-3/18/26 | Biddy Basketball at HCC  |
| 2/25-3/18/26 | Little Hoopsters at HCC  |
| 2/28/2026    | Princess Party at the HCC  |



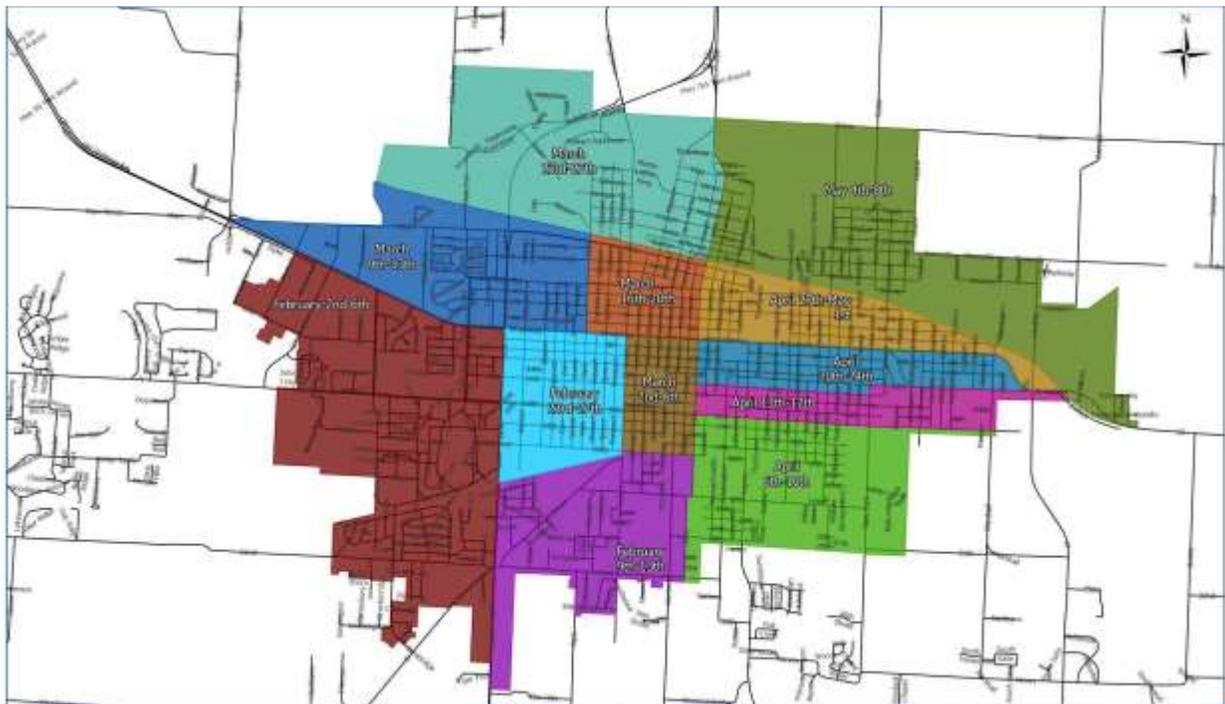
**TO REGISTER**  
**ONLINE: WWW.SEDALIAPARKS.COM.**  
**IN PERSON: HECKART COMMUNITY CENTER**  
**AT 1800 W. 3RD ST**  
**OVER THE PHONE: 660-826-4930**

# Clean Sweep

An organized neighborhood clean-up program that helps residents dispose of bulky waste and yard debris at no cost.

| Week of | Area | North Boundary                              | South Boundary                  | West Boundary | East Boundary |
|---------|------|---|---------------------------------|---------------|---------------|
| Feb. 2  | 1    | W. Broadway Blvd.                           | City Limits                     | City Limits   | S. Limit Ave. |
| Feb. 9  | 2    | Katy Trail                                  | City Limits                     | S. Limit Ave. | S. Ohio Ave.  |
| Feb. 23 | 3    | W. Broadway Blvd.                           | Katy Trail                      | S. Limit Ave. | S. Grand Ave. |
| Mar. 2  | 4    | W. Broadway Blvd.                           | W. 20th St.                     | S. Grand Ave. | S. Ohio Ave.  |
| Mar. 9  | 5    | Union Pacific RR Line                       | W. Broadway Blvd.               | City Limits   | S. Park Ave.  |
| Mar. 16 | 6    | Union Pacific RR Line                       | W. Broadway Blvd.               | S. Park Ave.  | S. Ohio Ave.  |
| Mar. 23 | 7    | City Limits                                 | Union Pacific RR Line           | City Limits   | N. Ohio Ave.  |
| Apr. 6  | 8    | E. 16th St.                                 | City Limits                     | S. Ohio Ave.  | City Limits   |
| Apr. 13 | 9    | E. 13th St. to S. New York Ave. and E. 12th | E. 16th St.                     | S. Ohio Ave.  | City Limits   |
| Apr. 20 | 10   | E. Broadway Blvd.                           | E. 13th St. to S. New York Ave. | S. Ohio Ave.  | City Limits   |
| Apr. 27 | 11   | Union Pacific RR Line                       | E. Broadway Blvd.               | S. Ohio Ave.  | City Limits   |
| May. 4  | 12   | City Limits                                 | Union Pacific RR Line           | N. Ohio Ave.  | City Limits   |

**Collection Reminders:** Place all materials at the curb or between the sidewalk and street in the greenspace, away from trees and overhead lines, by 5:00 a.m. on Monday of your scheduled Clean Sweep week. Each household may place up to 4 cubic yards of material for free; anything over that amount will be charged \$41 per cubic yard, to be paid before pickup. Materials should be grouped by type: yard waste includes leaves, branches, brush, stumps, and plants; construction and demolition debris includes wood, drywall, carpet, siding, pallets, and windows; household junk includes furniture, clothing, toys, grills, and mattresses. Appliances are not allowed in the landfill and must be kept separate for proper disposal. This includes refrigerators, washers, dryers, stoves, and air conditioners.

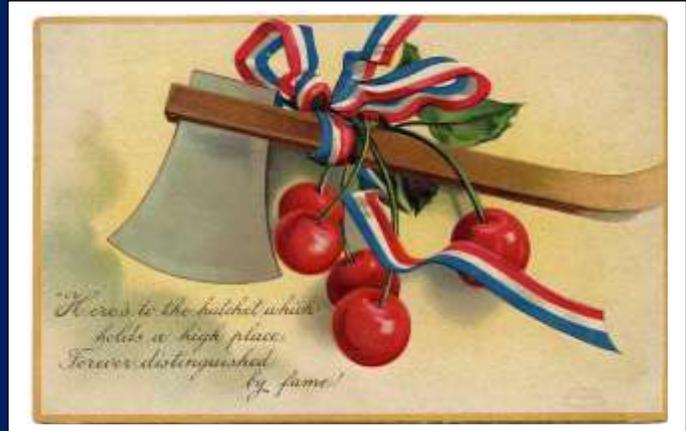


## City of Sedalia to Observe Presidents Day

The City of Sedalia will be closed on Monday, February 16, 2026 in observance of Presidents Day.

**Weekly trash pickup for the week of February 16, 2026 will follow the normal collection schedule. The Materials Management Site at 27882 Highway "U" will be closed on Monday, February 16, 2026.**

City offices including the Materials Management Site will re-open for normal business hours on Tuesday, February 17, 2026.



## 28 Days Toward a Healthy Heart



Try one of these tips each day for a month, then keep up the momentum and make your favorites part of your regular routine.

### Day 1

Call a friend and join the #OurHearts movement.



### Day 2

Make a heart-healthy snack.

### Day 3

Schedule your annual physical. Discuss your heart health goals with your doctor.



### Day 4

Sport red today for National Wear Red Day.

### Day 5

Squat it out. Do 1 minute of squats.



### Day 6

Make today a salt-free day. Use herbs for flavor instead of salt.



### Day 7

Visit [Smokefree.gov](http://Smokefree.gov) to take the first step to quitting smoking.



### Day 8

Get your blood pressure checked.



### Day 9

Walk an extra 15 minutes today.

### Day 10

Aim for 30 minutes of physical activity today.



### Day 11

Plan your menu for the week with heart-healthy recipes.



### Day 12

Reduce stress using relaxation techniques.



### Day 13

Give the elevator a day off and take the stairs.



### Day 14

Protect your sweetheart's heart: Plan a heart-healthy date.

### Day 15

Swap the sweets for a piece of fruit for dessert.



### Day 16

Stress less. Practice mindful meditation for 10 minutes.

### Day 17

Head to bed with enough time to get a full 7-8 hours of sleep.



### Day 18

Add a stretch break to your calendar to increase your flexibility.



### Day 19

Eat vegetarian for a day.



### Day 20

Share a funny video or joke that makes you laugh.



### Day 21

Dance for 15 minutes to your favorite music.

### Day 22

Call a relative and ask about your family health history.



### Day 23

March in place during commercial breaks to get your heart going.



### Day 24

Get a tape measure and find out the size of your waist.

### Day 25

Ask a family member or neighbor to join you for a walk.



### Day 26

Fill half of your lunch and dinner plates with vegetables.



### Day 27

See how many push-ups you can do in 1 minute.

### Day 28

Pay it forward and tell a friend about *The Heart Truth*.



[nlbi.nih.gov/heartmonth](http://nlbi.nih.gov/heartmonth)



National Heart, Lung, and Blood Institute



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